College Student Development
A Perspective for Parents

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Overview

- Student Development 101
- Common Transition Issues
- Partnering for Student Success
- Resources
- Questions
Where to find this Presentation

New Student Services / Family Outreach

Summerstart
Save the Date!
August 4-21

The staff and students in New Student Services / Family Outreach welcome you to Western and hope that you find these online resources helpful as you learn more about WWU and your campus community. Here you will find resources tailored to fit freshmen, transfer students, and family members.

Through our quarterly orientation programs, twice-annual family weekend events and ongoing communication, programs, and outreach, we strive to keep you informed and involved in the Western Experience.

New Student Services/Family Outreach fosters student learning and development by supporting new students & family members in their transition to the academic, personal, and social experience of WWU.

http://www.nssfo.wwu.edu/familyprograms.shtml
Student Development

CHANGE AHEAD
Understanding the College Brain
Understanding the College Brain

http://www.youtube.com/watch?v=_OlqSz8sSM&feature=c4-overview-vl&list=PL47BB141B009FA1D8
Seven Vectors of Identity Development

Arthur Chickering & Linda Reisser

- Developing Competence
- Managing Emotions
- Moving Through Autonomy Toward Interdependence
- Developing Mature Interpersonal Relationships
- Establishing Identity
- Developing Purpose
- Developing Integrity

IDENTITY DEVELOPMENT
Dualism

Multiplicity

Relativism

Intellectual & Ethical Development

William Perry
As your student continues to grow from a child into a responsible adult, it can feel like you are on a tandem bike with them.

You could reach round and steer when they were little, but now... your student is doing all the driving.
The Journey to Adulthood

Challenge vs. Support

Growth

Nevitt Sanford, 1968
Common Transition Issues

Cartoon by Nicolas Kline
Common Transition Issues

Learning their Choices have Consequences

Adjusting to College Life

Adjusting to College-Level Classes

Setting Limits/Managing Freedom

http://www.wwu.edu/tutoring/time-management.shtml
Common Transition Issues

things are starting to hit me now...

Cartoon by Nicolas Kline
Strategies for Surviving the “Dump” Call

Realize There’s No Magic Technique That Will Necessarily Calm Down an Overwhelmed Freshman

Keep Your Perspective on Why Your Child is Calling You

Keep in Mind That You’re Probably Only Seeing Part of the Picture

Recognize When Your Child Needs Additional Support
Beyond The Freshman Year

The Thrill Is Gone...

Changing Interests & Goals

Balancing Priorities

Anxiety About the Unknown
OUR GOAL IS THE SAME: STUDENT SUCCESS

Empower your student to be a strong self-advocate and solve problems on their own

– Encourage them to learn to identify and use available resources (e.g., faculty, campus offices)

– Ask them questions (e.g., who could you talk with?), as opposed to providing answers

We’re here as a resource for you – if you’re not sure how to help or are really concerned, call or e-mail us
If you have Questions

New Student Services/Family Outreach
http://www.nssfo.wwu.edu
Phone: (360) 650-3846
E-Mail: nssfo@wwu.edu

Dean of Students & Office of Student Life
http://www.wwu.edu/dos
Phone: (360) 650-3706
E-Mail: student.life@wwu.edu
Resources - Links

College Parent Central
http://www.collegeparentcentral.com/

What FERPA means for you and your student

Parenting a College Student
https://www.youtube.com/watch?v=ZLxV9U5z_28

The Transition Year Project
http://www.transitionyear.org/


Marshall Duke – Parenting a College Student

http://www.youtube.com/watch?v=QRBLuDqqfLI
Their journey to a bright future continues